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“Relation family support with level of anxiety primipara mother facing childbirth in health society center of Curug Tangerang”

xvi + 7 bab + 71 pages + 5 tables + 1 image + 2 charts + 7 attachment

ABSTRACT

Background: Family support is emotional support needed primiparous pregnant women, especially in the third trimesters of pregnancy which is the emotional climax of excitement awaiting the birth of a baby. At this time high maternal anxiety, if excessive eventually lead to stress, increased levels of stress hormones can result in dystocia deliveries.

Objective: This study aimed to determine relation family support with level of anxiety primipara mother facing childbirth in health society center of Curug Tangerang.

Methods: The study used design descriptive correlative with cross sectional approach. The study population all primiparous mothers antenatal care at health society center of Curug Tangerang with a total sample 54 respondents was conducted on 24 January - 6 February. Data was collected using questionnaires, data analysis with statistical test Chi Square.

Results: Most respondents supported high as much as 66,7%, and lower support as much as 33,3%. Most respondents who experience mild anxiety as much as 53,7% and respondents who experienced medium anxiety as much as 46,3%. Statistical test result showed a significant relationship between family support and level of anxiety primipara mother facing childbirth ($\chi^2 = 0,002$; $p < 0,05$).

Conclusion: Health workers can provide services ANC comprehensively covering spiritual biopsikososio especially primiparous pregnant women in the third trimester involving husband and family so that childbirth which will come to function normally and smoothly.

Keywords : Family Support, Primiparous mother, Childbirth, Anxiety Levels

Bibliography : 31 (1998-2012)